



LIVE

Healthy Lifestyle Solutions



Plant Protein Plus™

\$49.99



Available in 2 amazing flavors:

CHOCOLATE

VANILLA

Product Description:

Nourish your body with Top Trainer® Plant Protein Plus™, packed with a complete balance of micronutrients from whole foods and multi-source vegan protein..‡

- 21 Servings
- 20g Protein
- 0g Sugar
- 102 Calories
- **Vegan, Soy, Dairy, Soy Free!**

KEY INGREDIENTS:

Multi-Source Plant-Based Protein: Pea, Hemp, Brown Rice Protein. Complete Amino Acid Profile.

Certified Organic Grass Blend: Organic Alfalfa, Barley Grass, Oat Grass, Wheat Grass, Broccoli, Spirulina. Servings of Greens to help alkalize your body.

Digestive Enzymes: You need digestive enzymes, a lot of them to help break down your food into usable nutrients.

- **Lipase:** Key Enzyme for digesting fats
- **Protease:** Key Enzyme for digesting protein
- **Amylase:** Key Enzyme for Digesting Carbohydrates
- **Bromelain:** Key Enzyme for reducing inflammation

QUICK PRODUCT COMPARISON:

Key Advantages:

More Greens, lower calories & Digestive enzyme blend to help absorb protein/greens.

	 TopTrainer Plant Protein Plus	 Vega Protein & Greens
Protein	20g	20g
Calories	120	102
Ingredients	Organic Alfalfa, Barley Grass, Wheat Grass, Oat Grass, Broccoli, Spirulina	Alfalfa, spinach, Broccoli, Kale
Servings	21	19
Other	Digestive Enzyme Blend (Absorption)	None

**Product Description:**

Don't let sore joints keep you from enjoying the activities you love. Stay active, stay healthy with Joints 360™,‡

- 30 Servings
- 1 Month Supply
- Veggie Capsules
- Stimulant Free
- **Gluten, Dairy, Soy Free!**

KEY INGREDIENTS

Glucosamine is a cartilage building block. It is one of the most studied and well-known joint health ingredients. It's a constituent of glycosaminoglycans, which are found in cartilage and synovial fluid (the yolklke fluid that reduces friction between joint cartilage).

Chondroitin sulfate is a structural component of cartilage that helps it resist compression during weight-bearing movement. It enhances the shock-absorbing properties of collagen and block enzymes that break down cartilage. Will help reduce pain and inflammation, improve joint function and slows progression of osteoarthritis.

Cetyl Myristoleate has the ability to reduce the incidence of arthritis, and improve function and mobility in those who suffer from arthritis. It is a fatty acid reported to function in four different ways: as a facilitator in building cartilage, as an immune system modulator, as a joint lubricant, and as an anti-inflammatory agent.

MSM is a source of sulfur and a building block of connective tissue. Methylsulfonylmethane (MSM) is made up of about 34% sulfur, the fourth most abundant mineral in the body. It supports

multiple structures including the connective tissue of joints and skin, and proteins found in hair, nails and tendons. It's also used in healing and repair processes.

Manganese, along with supplements containing glucosamine hydrochloride or chondroitin sulfate, makes it a recommended [natural treatment for arthritis](#). It can help reduce inflammation in the joints and tissue, allowing arthritis sufferers to feel more comfortable and do more normal activities.

Copper - helps form collagen, a key part of bones and connective tissue.

Zinc - Cholesterol in the blood has a tendency to rise if there is a deficiency of zinc in the body. Painful hip and knee joints have been linked to zinc deficiency, this is because the bones contain a large amount of zinc and any deficiency will cause them to become thicker and shorter causing pain and other symptoms.



Boswellia Serrata Extract, an ancient herb better known as frankincense. It is a major Anti-Inflammatory ingredient.

Vitamin C protects your joints from oxidative damage and supports collagen production.

QUICK PRODUCT COMPARISON

Key Advantages:

Complete Joint Support Product

	 TopTrainer Joints 360	 GNC TriFlex
Key Ingredients	Glucosamine, Chondroitin Sulfate, Cetyl Myristoleate, MSM, Boswellia Serrata, Born, Piperine, Vitamin/Mineral Joint Support Complex	Glucosamine, Chondroitin Sulfate, MSM

**Product Description:**

Top Trainer® Superfood Daily™ is a nutrient dense blend packed with essential fruits and vegetables.†

- 60 Servings
- 2 Month Supply
- Veggie Capsules
- 11 Super Fruits
- 9 Super Vegetables
- **Non GMO, Vegan, Soy, Dairy, Gluten Free!**

KEY INGREDIENTS

Super Vegetable Blend: Olive Leaf Extract, Wheat Grass, Broccoli Powder, Chlorella, Wild Yam Root, Alfalfa, Cape Aloe, Spirulina, Ginger Root

Super Fruit Blend: Acai Berry 4:1, Ashwaganda, Blueberry, Goji Berry, Lemon Bioflavanoid, Papaya Fruit Extract 4:1, Pomegranate, Cranberry Extract, Maqui Berry, Mangosteen, Bilberry Extract

**Product Description:**

Don't let sore joints keep you from enjoying the activities you love. Stay active, stay healthy with Joints 360™,‡

- Servings: 14
- 7 Day Cleanse
- 5 Cleansing Formulas in 1
- 64oz Water daily
- **Non GMO, Gluten, Dairy, Soy Free!**

KEY INGREDIENTS

Colon Support: Cascara Sagrada Bark, Marshmallow Root Extract, Senna Leaf Extract, Slippery Elm Bark, Psyllium Husk, Oat Bran, Prune Powder

Liver Support: Milk Thistle Extract, Glucomannan, Yarrow Flower, Alpha-Lipoic Acid, N-Acetyl L Cystein

Kidney Support: Dandelion Root, Uva Ursi, Artichoke Extract

Antioxidant Blend: Garlic Powder, Oregano, Blueberry Fiber

Adrenal Restore: Ginseng Root, Licorice Root, Rhodiola Rosea

LOSE LINE*Weight Management Solutions*