



NUTRITIONAL HANDBOOK

www.smoothiecompany.com

1.888.426.9222

THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

MANGO PEACH

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 40

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Potassium 40mg 1%

Total Carbohydrate 10g 3%

Dietary Fiber 0g 0%

Sugars 8g

Protein 0g

Vitamin A 25% • Vitamin C 6%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Mango Juice, Fructose (fruit sugar) Reconstituted Peach Juice, Water, Vegetable Glycerin, Citric Acid, Xanthan Gum, Natural and Artificial Flavors, Beta Carotene, Natural Stevia Leaf Extract, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness), Titanium Dioxide.



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

GLUTEN FREE • 99% FAT FREE • NO HFCS
NO ARTIFICIAL COLORS • NO ARTIFICIAL SWEETENERS

Smoothie Company.com

THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

TRIPLE BERRY

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 45

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Potassium 35mg	3%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 0g	

Vitamin A 0%	●	Vitamin C 0%
Calcium 0%	●	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Strawberry Juice, Water, Fructose (fruit sugar), Raspberry Puree, Banana Puree, Blueberry Puree, Vegetable Glycerin, Citric Acid, Purple Carrot Extract, Natural and Artificial Flavors, Non-Fat Yogurt Powder(milk), Strawberry Puree, Xanthan Gum, Sodium, Natural Stevia Leaf Extract, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness).

Contains: Milk



3 oz. fruit puree + 2 oz. water + 16 oz. Ice = 16 oz. smoothie

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THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

POMEGRANATE CHERRY

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 40

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Potassium 0mg 0%

Total Carbohydrate 10g 3%

Dietary Fiber 0g 0%

Sugars 9g

Protein 0g

Vitamin A 45% • Vitamin C 10%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Clarified Demineralized Pineapple Juice, Reconstituted Pomegranate Juice, Water, Fructose (fruit sugar), Reconstituted Sweet Dark Cherry Juice, Purple Carrot Extract, Natural and Artificial Flavors, Vegetable Glycerin, Caramel Color, Citric Acid, Natural Stevia Leaf Extract, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness), Xanthan Gum.



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

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THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

STRAWBERRY

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 35

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 10mg 0%

Potassium 40mg 0%

Total Carbohydrate 9g 3%

Dietary Fiber 0g 0%

Sugars 7g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Strawberry Juice, Water, Fructose (fruit sugar), Strawberry Puree, Vegetable Glycerin, Citric Acid, Purple Carrot Extract, Xanthan Gum, Whey Protein Concentrate, Natural Stevia Leaf Extract, Strawberry Seeds, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness).

Contains: Milk



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

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THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

PINA COLADA

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 40

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Potassium 15mg 0%

Total Carbohydrate 10g 3%

Dietary Fiber 0g 0%

Sugars 7g

Protein 1g

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Clarified Demineralized Pineapple Juice, Water, Fructose (fruit sugar), Reconstituted Pineapple Juice, Vegetable Glycerin, Whey Protein Concentrate, Malic Acid, Xanthan Gum, Sodium Citrate, Natural Stevia Leaf Extract, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness), Natural and Artificial Flavors, Salt, Titanium Dioxide, Ascorbic Acid (Vitamin C), Sodium Metabisulfite.

Contains: Milk



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

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THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

ORANGE

Nutrition Facts

Serving Size 1 fl. oz. (30ml)
 Servings Per Container about 64

Amount Per Serving

Calories 40

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Potassium 0mg	0%
Total Carbohydrate 10g	3%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 0g	

Vitamin A 160% ● Vitamin C 60%

Calcium 0% ● Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Orange Juice, Fructose (fruit sugar) Citric Acid, Vegetable Glycerin, Beta Carotene, Natural and Artificial Flavors, Xanthan Gum, Whey Protein Concentrate, Natural Stevia Leaf Extract, Ascorbic Acid (Vitamin C), Sodium Metabisulfite, Gum Arabic, Ester Gum, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness)
 Contains: Milk



3 oz. fruit puree + 2 oz. water + 16 oz. Ice = 16 oz. smoothie

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THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

RASPBERRY

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 35

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 10mg 0%

Potassium 0mg 0%

Total Carbohydrate 9g 3%

Dietary Fiber 0g 0%

Sugars 7g

Protein 0g

Vitamin A 0% • Vitamin C 6%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Raspberry Juice, Water, Fructose (fruit sugar), Strawberry Puree, Raspberry Puree, Citric Acid, Vegetable Glycerin, Purple Carrot Extract, Natural and Artificial Flavors, Xanthan Gum, Whey Protein Concentrate, Caramel Color, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness), Natural Stevia Leaf Extract, Raspberry Seeds, Sodium Metabisulfite.

Contains: Milk



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

GLUTEN FREE • 99% FAT FREE • NO HFCS
NO ARTIFICIAL COLORS • NO ARTIFICIAL SWEETENERS

Smoothie Company.com

THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

POG

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 40

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Potassium 40mg 0%

Total Carbohydrate 10g 3%

Dietary Fiber 0g 0%

Sugars 9g

Protein 0g

Vitamin A 45% • Vitamin C 10%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Clarified Demineralized Pineapple Juice, Reconstituted Orange Juice, Water, Reconstituted Passionfruit Juice, Fructose (fruit sugar), Vegetable Glycerin, Citric Acid, Natural and Artificial Flavors, Orange Oils, Xanthan Gum, Natural Stevia Leaf Extract, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness).



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

GLUTEN FREE • 99% FAT FREE • NO HFCS
NO ARTIFICIAL COLORS • NO ARTIFICIAL SWEETENERS

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THE POWER OF FRUIT

PARTIALLY SWEETENED WITH STEVIA

BANANA

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 35

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Potassium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Sugars 7g	
Protein 0g	
Vitamin A 0%	●
Vitamin C 0%	●
Calcium 0%	●
Iron 0%	●

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Water, Fructose (fruit sugar), Banana Puree, Vegetable Glycerin, Natural and Artificial Flavors, Citric Acid, Xanthan Gum, Whey Protein Concentrate, Sodium Citrate, Natural Stevia Leaf Extract, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness), Caramel Color, Sodium Metabisulfite.

Contains: Milk



3 oz. fruit puree + 2 oz. water + 16 oz. ice = 16 oz. smoothie

GLUTEN FREE • 99% FAT FREE • NO HFCS
NO ARTIFICIAL COLORS • NO ARTIFICIAL SWEETENERS

Smoothie Company.com

THE POWER OF VEGGIE

TASTES GREAT IN SMOOTHIES & MORE!

VEGGIE BOOST

Nutrition Facts

Serving Size 1 fl. oz. (30ml)

Servings Per Container about 64

Amount Per Serving

Calories 50

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 45mg 2%

Potassium 0mg 0%

Total Carbohydrate 13g 4%

Dietary Fiber 1g 4%

Sugars 10g

Protein 1g

Vitamin A 110% • Vitamin C 780%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Reconstituted Sweet Potato Juice, Reconstituted Carrot Juice, Water, Lactic Acid, Ascorbic Acid (Vitamin C), Vegetable Juice Blend (Carrot, Celery, Water, Vinegar, Salt, Parsley, Beet, Lettuce, Watercress, Spinach), Kale Puree, .001% Sodium Benzoate and Potassium Sorbate (To Preserve Freshness).

Add 1 oz. of veggie boost to any drink & blend for a nutritional boost

**GLUTEN FREE • FAT FREE • SOY FREE • NO HFCS
NO ARTIFICIAL COLORS • NO ARTIFICIAL SWEETENERS**

**Smoothie
Company.com**

PEANUT BUTTER

PUMPABLE PEANUT BUTTER

Nutrition Facts

Serving Size 2 tbsp. (32g)

Servings Per Container about 56

Amount Per Serving

Calories 180 **Calories From Fat 120**

% Daily Value

Total Fat 15g **23%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 220mg **12%**

Potassium 0mg **0%**

Total Carbohydrate 8g **3%**

Dietary Fiber 2g **8%**

Sugars 4g

Protein 7g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Peanuts, Sugar, Peanut Oil, Salt

- **NO HYDROGENATED OILS**
- **ALL NATURAL**
- **OIL SEPARATION IS NATURAL**

(please store upside down to ease stirring after oil separation.)



THE POWER OF PEANUT

LOW CALORIE POWDERED PEANUT BUTTER

POWDERED PEANUT BUTTER

Nutrition Facts

Serving Size 10g

Servings Per Container 113

Amount Per Serving

Calories 40 Calories From Fat 11

% Daily Value

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 45mg **2%**

Potassium 0mg **0%**

Total Carbohydrate 4g **1%**

Dietary Fiber 2g **8%**

Sugars 1g

Protein 5g

Vitamin A 1% ● Vitamin C 0%

Calcium 1% ● Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Roasted Peanuts, Sugar, Salt

- **90% FEWER CALORIES FROM FAT**
- **40% FEWER OVERALL CALORIES**
- **MADE WITH ALL NATURAL ROASTED PEANUTS**



TRIPLE ACTION PROTEIN

WHEY ISOLATES, WHEY CONCENTRATES AND
CASEIN FOR SUSTAINED RELEASE

VANILLA

Nutrition Facts

Serving Size 1 Scoop (94cc)

35 Servings per bag

Amount Per Serving

Calories 160 **Calories From Fat 30**

% Daily Value

Total Fat 3.5g **4%**

Saturated Fat 0g **0%**

Trans Fat 0mg

Cholesterol 55mg **18%**

Sodium 90mg **4%**

Potassium 0mg **0%**

Total Carbohydrate 11g **4%**

Dietary Fiber 0g **0%**

Sugars 4g

Protein 20g

Vitamin A **0%**

Vitamin C **2%**

Calcium **10%**

Iron **0%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Casein), Maltodextrin, Non-Dairy Creamer (High Oleic Sunflower Oil, Sodium Caseinate, Monoglycerides and Diglycerides, Dipotassium Phosphate, Soy Lecithin, Sodium Silicoaluminate, Guar Gum, Natural and Artificial Flavors, Xanthan Gum.



TRIPLE ACTION PROTEIN

WHEY ISOLATES, WHEY CONCENTRATES AND
CASEIN FOR SUSTAINED RELEASE

CHOCOLATE

Nutrition Facts

Serving Size 1 Scoop (30.1g)

Servings Per Container about 76

Amount Per Serving

Calories 115 **Calories From Fat 25**

	% Daily Value
Total Fat 3g	5%
Saturated Fat 2g	10%
Trans Fat 0mg	
Cholesterol 50mg	17%
Sodium 80mg	3%
Potassium 112mg	3%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 20g	
Calcium 198mg	20%
Iron 0mg	0%
Phosphorus 50mg	5%
Magnesium 32mg	8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Concentrate), Cocoa, Medium Chain Triglycerides, Stevia, Natural Vanilla Flavor, Cellulose Gum, Xanthan Gum.

- **FAST & SLOW RELEASE PROTEINS**
- **PACKED WITH ISOLATES & CONCENTRATES**
- **ADDED LACTASE TO MINIMIZE LACTOSE INTOLERANCE**
- **SUPERIOR BLENDABILITY**
- **NO ARTIFICIAL SWEETENERS**



BOOSTS

GRANOLA

Nutrition Facts

Serving Size 1/2 cup (53g)

Servings Per Container about 43

Amount Per Serving

Calories 220 **Calories From Fat 60**

% Daily Value

Total Fat 7g **23%**

Saturated Fat 1g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Potassium 0mg **0%**

Total Carbohydrate 37g **12%**

Dietary Fiber 5g **20%**

Sugars 7g

Protein 6g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Oats, Brown Sugar, Soybean Oil, Honey, Cane Molasses, Wheat Bran, Cinnamon

ALLERGEN STATEMENT: This product may contain peanuts and/or tree nuts which can cause severe or fatal allergic reactions. Use of this product as an ingredient in food preparation must be conspicuously and adequately disclosed to potential customers.



BOOSTS

MULTIVITAMIN

Nutrition Facts

Serving Size 1 Scoop (5cc)

Amount Per Serving

Calories 0

% Daily Value

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Potassium 0mg **0%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 0g

INGREDIENTS:

Vitamin A, Vitamin C, Vitamin D3, Vitamin E, Biotin, Folic Acid, Niacinamide, Pantothenic Acid, Vitamin B1, Vitamin B12, Vitamin B2, Vitamin B6, Calcium, Chromium, Copper, Iron, Magnesium, Manganese, Molybdenum, Selenium, Zinc, Maltodextrin,



BOOSTS

FIBER

Nutrition Facts

Serving Size 1 Scoop (5cc)

Amount Per Serving

Calories 7

% Daily Value

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Potassium 0mg **0%**

Total Carbohydrate 2.5g **1%**

Dietary Fiber 3.5g **9%**

Sugars 0g

Protein 0g

Vitamin A 0% ● Vitamin C 0%

Calcium 0% ● Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS: Wheat Fiber, Oat Fiber, Rice Fiber.

NOTE: As of early 2018 Fiber will be changing to a 100% chicory root fiber product.



BOOSTS

FAT BURN

Nutrition Facts

Serving Size 1 Scoop (5cc)

Amount Per Serving

Calories 0

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

Chromium 56mcg

Inositol 23.33mg

L-Carnitine 93.33mg

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Maltodextrin, L-Carnitine, L-Tartrate, Inositol Powder, Chromium Chelate.



BOOSTS

CREATINE

Nutrition Facts

Serving Size 1 Scoop (5cc)

Amount Per Serving

Calories 0

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0mg

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Creatine Monohydrate.



BOOSTS

GLUTAMINE

Nutrition Facts

Serving Size 1 Scoop (5cc)

Amount Per Serving

Calories 14

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0mg

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 4g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS: L-Glutamine.



BOOSTS

ENERGY

Nutrition Facts

Serving Size 1 Scoop (5cc)

Amount Per Serving

Calories 0

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0mg

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin A 0%

Vitamin C 120%

Calcium 6%

Iron 0%

Riboflavin 120%

Niacin 120%

Vitamin B6 120%

Vitamin B12 120%

Biotin 120%

Pantothenic Acid 120%

Chromium 50%

Caffeine 122mg

Taurine 1220mg

D-Gluceronolactone 366mg

Green Tea Ext. 36.6mg

Ginger Root Ext. 12.2mg

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Biotin, Niacin, Pantothenic Acid, Vitamin B12, Vitamin B2, Vitamin B6, Vitamin C, Calcium, Chromium, Caffeine, Anhydrous, D-Gluceronolactone, Ginger Extract, Green Tea Extract, Polyphenols, Guarana Seed, Maltodextrin, Taurine.



BOOSTS

BCAAs

Nutrition Facts

Serving Size 1 Scoop (2g)

Amount Per Serving

Calories 0

% Daily Value

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0mg

Cholesterol 0mg 0%

Sodium 0mg 0%

Potassium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

RECOVERY MATRIX

L-Leucine, L-Lysine HCl, L-phenylalanine,
L-Threonine, L-Valine, L-Histidine, L-Isoleucine,
DL-Methionine

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

ALLERGEN INFORMATION: made in a facility that processes soy, milk, egg, fish, tree nut and wheat ingredients.



BOOSTS

MOCHA

Nutrition Facts

Serving Size 1 Scoop (94cc)

Amount Per Serving

Calories 260 **Calories From Fat 75**

% Daily Value

Total Fat 9g **14%**

Saturated Fat 8g **40%**

Trans Fat 0mg

Cholesterol 0mg **0%**

Sodium 200mg **8%**

Potassium 0mg **0%**

Total Carbohydrate 42g **14%**

Dietary Fiber 2g **8%**

Sugars 40g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 3%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Non-Dairy Creamer, Sugar, Dextrose, Cocoa Powders (Processed With Alkali), Fructose, Instant Columbian Coffee, Natural and Artificial Flavors, Xanthan Gum, Salt.



BOOSTS

PUMPABLE MOCHA

Nutrition Facts

Serving Size 1 Scoop (26.4g)

Servings Per Container about 86

Amount Per Serving

Calories 110 **Calories From Fat 20**

% Daily Value

Total Fat 2.5g **4%**

Saturated Fat 1g **5%**

Trans Fat 0mg

Cholesterol 100mg **33%**

Sodium 55mg **2%**

Potassium 106mg **3%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 2g

Protein 20g

Calcium 230mg **23%**

Iron 0mg **0%**

Phosphorus 160mg **16%**

Magnesium 20mg **5%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Concentrate), Natural Vanilla Flavor, Cellulose Gum, Xanthan Gum.

- **FAST & SLOW RELEASE PROTEINS**
- **PACKED WITH ISOLATES & CONCENTRATES**
- **ADDED LACTASE TO MINIMIZE LACTOSE INTOLERANCE**
- **SUPERIOR BLENDABILITY**
- **NO ARTIFICIAL SWEETENERS**



BOOSTS

GOURMET CHOCOLATE SAUCE

Nutrition Facts

Serving Size 1 fl. oz.

Servings Per Container about 64

Amount Per Serving

Calories 100 Calories From Fat 5

% Daily Value

Total Fat .5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0mg

Cholesterol 0mg **0%**

Sodium 65mg **0%**

Potassium 0mg **0%**

Total Carbohydrate 23g **8%**

Dietary Fiber 0g **0%**

Sugars 22g

Protein 0g

Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

High Fructose Corn Syrup, Corn Syrup, Water, Dextrose, Cocoa Powder, Salt, Cocoa Extract, Potassium Sorbate (preservative), Mono and Diglycerides, Sodium, Acid Sulfate, Xanthan Gum, Lactic Acid (acidulant).



BOOSTS

SUGAR FREE CHOCOLATE

Nutrition Facts

Serving Size 1 fl. oz.

Servings Per Container about 64

Amount Per Serving

Calories 40 **Calories From Fat 10**

% Daily Value

Total Fat 1g **2%**

Saturated Fat .5g **3%**

Trans Fat 0mg

Cholesterol 100mg **0%**

Sodium 25mg **1%**

Potassium 0mg **0%**

Total Carbohydrate 10g **3%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 1g

Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Water, Maltitol, Cocoa Powder, Lactic Acid, Natural Flavor, Caramel Color, Modified Corn Starch, Xanthan Gum, Salt, Sucralose, Potassium Sorbate and Dodium Benzoate (Preservative).



BOOSTS

NON-DAIRY SMOOTHIE CREME

Nutrition Facts

Serving Size 1 Scoop (25cc) (25g)

Amount Per Serving

Calories 75 **Calories From Fat 21**

% Daily Value

Total Fat 2g **1%**

Saturated Fat 2g **10%**

Trans Fat 0mg

Cholesterol 100mg **0%**

Sodium 72mg **1%**

Potassium 0mg **0%**

Total Carbohydrate 15g **5%**

Dietary Fiber 0g **0%**

Sugars 13g

Protein 0g

Vitamin A 0% ● Vitamin C 0%

Calcium 0% ● Iron 3%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

INGREDIENTS:

Dextrose, Sugar, Maltodextrin, Partially Hydrogenated Coconut Oil, Corn Syrup Solids, Guar and Xanthan Gum, Sodium Caseinate (a milk derivative), Mono and Diglycerides, Dipotassium Phosphate, Natural and Artificial Flavors, FC & C Yellow 5 and 6.

