

# BUILD A SMOOTHIE

NO HFCS | SOY FREE | GLUTEN FREE



## PICK YOUR SIZE

16oz | 24oz

## PICK YOUR PROTEIN

CHOCOLATE | VANILLA

Each smoothie comes with 20g of protein

## PICK A FLAVOR

All fruit flavors are naturally sweetened and made with real fruit puree!



### BRONZE STACKS ..... \$1.00

#### RECOVER QUICK

- Creatine
- Glutamine
- BCAAs

#### TRIM & TONE

- Creatine
- Fiber
- Metabolism Boost

### SILVER STACKS ..... \$1.50

#### RECHARGE

- BCAAs
- Glutamine
- Energy
- Multivitamin

#### BURN & BUILD

- BCAAs
- Glutamine
- Creatine
- Metabolism Boost

#### ANTIOXIDANTS!

- Veggie
- Multivitamin
- Energy

#### BOOST IMMUNITY

- Veggie
- Multivitamin
- Fiber

### GOLD STACKS ..... \$2.00

#### STAY FULL

- Peanut Butter
- Granola
- Veggie

#### BUILD MUSCLE

- +20g Of Protein
- BCAAs
- Creatine
- Glutamine

## ADD A STACK

Get more great supplements and add-ins for one value price!

### ADD-INS

Mocha.....	1.00
Granola.....	1.00
Chocolate.....	1.00
Peanut Butter.....	1.00
Sugar Free Chocolate.....	1.00
Low-Fat Peanut Butter.....	1.00

### ESSENTIALS

<b>BCAAs</b> .....	.50	<b>Glutamine</b> .....	.50
<small>contains 8 essential amino acids</small>		<small>prevents muscle breakdown and promotes muscle growth</small>	
<b>Multivitamin</b> .....	.50	<b>Energy</b> .....	.50
<small>contains 29+ vitamins and minerals</small>		<small>Packed with B12 &amp; B6 Vitamins (contains green tea extract)</small>	
<b>Fiber</b> .....	.50	<b>Antioxidants</b> .....	1.00
<small>aids in controlling blood sugar levels</small>		<small>destroys free radicals (contains green tea extract)</small>	
<b>Metabolism Boost</b> .....	.50	<b>Veggie</b> .....	1.00
<small>your go-to calorie torcher (non-stimulant)</small>		<small>contains one full serving of veggies!</small>	
<b>Creatine</b> .....	.50		
<small>increase your energy and physical performance</small>			

**\$1 ADD AN EXTRA 20G OF PROTEIN** (Vanilla or Chocolate)

## CUSTOMIZE IT

Create your smoothie just how you like it!